

	REGULATION 3 – CONTENTS OF FIRST AID BOX	Rev. Date:	2019/07
		Document Number:	S8 R3
		Page Number:	Page 1 of 2
		Revision Number:	1
Site:		Contractor:	

OCCUPATIONAL HEALTH AND SAFETY ACT, 85 OF 1993 - General Safety Regulations (GSR), 1986

" First aid, emergency equipment and procedures"

3. (1) An employer shall take all reasonable steps that are necessary under the circumstances, to ensure that persons at work receive prompt first aid treatment in case of injury or emergency.
- (2) Where more than five employees are employed at a workplace, the employer of such employees shall provide a first aid box or boxes at or near the workplace which shall be available and accessible for the treatment of injured persons at that workplace.
- (3) (a) Taking into account the type of injuries that are likely to occur at a workplace, the nature of the activities performed and the number of employees employed at such workplace, the employer shall make sure that the first aid box or boxes contemplated in sub-regulation (2) contain suitable first aid equipment which include at least the equipment listed in the Annexure hereto.
- (b) Such an employer shall make sure that only articles and equipment contemplated in subregulation (a) or other similar equipment or medicine is kept in the first aid box or boxes.

Designated Person Name:												Year: 2025	
NO	CONTENTS	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
1	Wound Cleaner (100ml)							✓	✓	✓			
2	Swabs for cleaning wounds							✓	✓	✓			
3	Cotton wool for padding							✓	✓	✓			
4	Sterile gauze (min qty 10)							✓	✓	✓			
5	1 Pair of Forceps (For splinters)							✓	✓	✓			
6	1 Pair of scissors (Min size 100mm)							✓	✓	✓			
7	1 Set of safety pins							✓	✓	✓			
8	4 Tri-angular bandages							✓	✓	✓			
9	4 Roller bandages (75mm x 5m)							✓	✓	✓			
10	4 Roller bandages (100mm x 5m)							✓	✓	✓			
11	1 Roll elastic adhesive (25mm x 3m)							✓	✓	✓			
12	1 Non-Allergenic adhesive strip (25mm x 3m)							✓	✓	✓			
13	1 Packet adhesive dressing strips (min qty 10 assort. sizes)							✓	✓	✓			
14	4 First aid dressings (75mm x 100mm)							✓	✓	✓			
15	4 First aid dressings (150mm x 200mm)							✓	✓	✓			
16	2 Straight splints							✓	✓	✓			
17	2 pair large disposable gloves							✓	✓	✓			
18	2 pair medium disposable gloves							✓	✓	✓			
19	2 CPR Mouthpieces or similar devices							✓	✓	✓			
DATE INSPECTED:								31/07	29/08	30/09			
DESIGNATED PERSON INITIAL:								R.M	R.M	R.M			
I, the designated person, certify that: - the above stock has been inspected in accordance with Regulation 3 of the GSR, - defective items were indicated on the deviation list overleave and withdrawn from service for replacement, - under stocked items were indicated on the deviation list, - all deviations were reported to the 16(2) / 8(1) for immediate replacement.													
16 (2) / 8(1) INITIAL:													
Date:													
I, the 16 (2) / 8(1) certify that: - the above stock has been inspected in accordance with Regulation 3 of the GSR, - defective items were indicated on the deviation list overleave and withdrawn from service for replacement, - under stocked items were indicated on the deviation list, - I am aware of all deviations and implemented steps for immediate replacement.													